



# Irving Recreation Center Camp Character Newsletter

Summer 2011

Week 9 (July 25—29)

## IMPORTANT REMINDERS:

- Our camp rule is “Be a kid of character.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



## TRUSTWORTHINESS WEEK

This week our character trait that we will be focusing on is trustworthiness. We will be doing activities and reading stories that relate to trustworthiness.

## THIS WEEK’S HIGHLIGHTS

### Monday

In the morning we will have tennis lessons. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be playing active games.

### Tuesday

In the morning we will play active games. In the afternoon we will be doing an Animal Special. We will do activities that have an animal theme. We will also do clubs in the afternoon.

### Wednesday

We will be going to Omaha’s Henry Dorley Zoo. **We will leave Irving at 9:00 and arrive back at approx. 4:30.** Please send a sack lunch with your camper (one that your camper can throw away the entire contents when finished). Also please send a water bottle with your camper.

### Thursday

In the morning we will be playing active games and walking to the South Branch Library. We will leave the center at 10:00 and arrive back at 11:30. Your camper is welcome to bring a library card to check out books. In the afternoon we will be doing archery, fitness centers, and watching a movie.

### Friday

In the morning we will be playing active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

**Fitness Focus:** Cardiovascular Endurance

## PARENT SURVEYS

Please watch next week for our parent surveys. Paper copies will be available at the rec. center and a link to an online version will be made available in the email newsletters for Week 10 and 11. The information we receive is extremely valuable to us as we gauge the effectiveness of our programs.